

Helpers in Your School & Community

School Counselor(s)	
School Resource Officer	
School Nurse	
National Suicide and Mental Health Crisis Lifeline	Call or text 9-8-8 or chat 988lifeline.org to be connected to a live, trained mental health professional at the Helpline Center in Sioux Falls. Confidential & available 24/7/365.
<p>LGBTQ+ Support Hotline</p>  <p>THE TREVOR PROJECT LGBTQ CRISIS HOTLINE CALL 1-866-488-7386</p>	<p>Call/text/chat the Trevor Project to be connected to trained counselors who understand the challenges LGBTQ young people face. Confidential & available 24/7/365.</p> <ul style="list-style-type: none"> • Text “START” to 678-678 • Call 1-866-488-7386 • Chat using this link www.thetrevorproject.org/get-help/
<h2>Community Resources</h2>	