

Survivors of Suicide Loss

H.OPE U.NDERSTANDING G.RIEF SUPPORT



2nd Tuesday of the month - starting 03/11/25



6:30-7:30 PM



Conklin Clinics | 2120 8th Ave NE | Aberdeen, SD



Contact heather@conklinclinics.com for more info

H.U.G.S. meetings offer caring support for suicide loss survivors. Meetings are led by volunteers who have also lost a loved one to suicide. H.U.G.S. is not a professional therapy group, but rather a peer support group. H.U.G.S. provides the opportunity to explore feelings through the grieving process and shares resources. H.U.G.S. meetings are free and drop-in.

You are welcome to attend H.U.G.S. meetings at any time after your loss. (Minors need parental consent and should be accompanied by an adult.)

Before joining, reflect if you are ready to talk about your loss, if you can share your time and attention with others, if you are comfortable listening to others talk about their losses.

Offering You

H.U.G.S



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