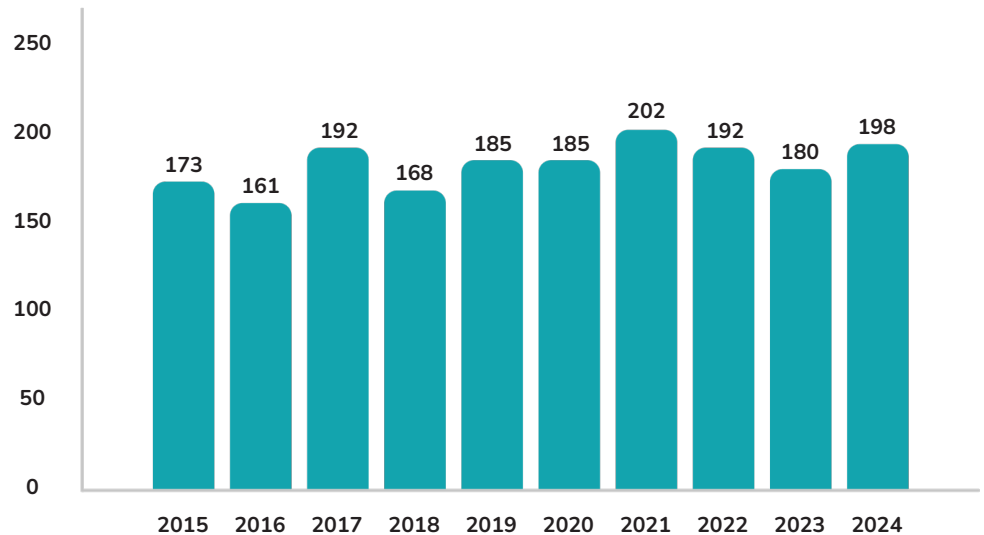


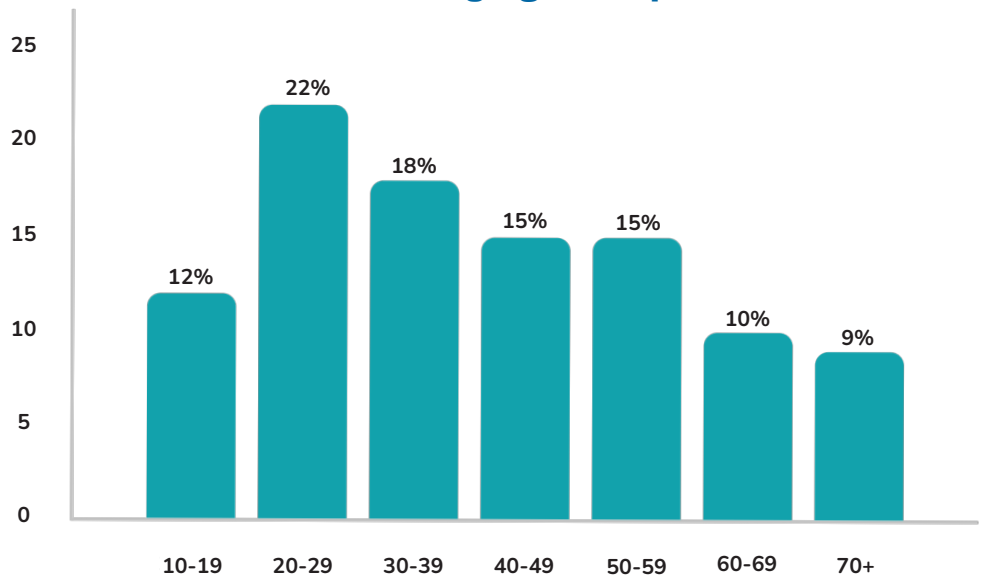
South Dakota Suicide Facts

- Suicide is the 10th leading cause of death in SD, but is the leading cause among ages 20 to 39 (2024)
- SD had the 9th highest suicide death rate in the United States in 2023
- 78% of suicide deaths were male and 22% were female, 2015-2024
- Suicide Deaths by Race: 72% White, 22% American Indian, 6% Other (2015-2024)
- The American Indian suicide death rate is 2.9 times higher than the White suicide rate in SD (2015-2024)
- SD suicide methods: 50% firearms, 35% hanging/suffocation, 10% poisoning, 5% other (2015-2024)
- In 2024, 34 Veterans, 34 American Indians, and 46 youth and young adults died by suicide

Suicide Deaths (2015-2024)



Suicide Deaths by Age Group (2015-2024)



View more statistics and 2025 provisional data at SDSuicidePrevention.org/Data

SD Department of Health Suicide Data Reports: DOH.SD.gov/Health-Data-Reports/Injury-Prevention/Suicide-Data-Reports/



Suicide is Preventable

Suicide is a serious public health problem that can have lasting, harmful effects on individuals, families, and communities. While its causes are complex and determined by multiple factors, the goal of suicide prevention is simple: reduce risk factors and increase factors that promote resilience. Suicide is a preventable when we all work together.

6 Steps to Save a Life

We can all help prevent suicide by learning six action steps:

1. Ask the question
2. Listen
3. Keep them safe
4. Be there
5. Help them connect
6. Follow-up

988 | SUICIDE & CRISIS
LIFELINE
Call • Text • Chat

Confidential help is available 24/7.
Call, text, or chat online at [988Lifeline.org](https://988lifeline.org) for a
suicide crisis, mental health or substance use
concerns, supporting a loved one, and more.

Suicide Warning Signs

- Threatening to hurt or kill oneself
- Seeking access to means to harm self
- Talking, writing or posting on social media about death, dying or suicide
- Feeling hopeless
- Feeling worthless or feeling a lack of purpose
- Lack of dreams, goals or plans for the future
- Acting recklessly or engaging in risky activities
- Feeling trapped
- Increasing alcohol or drug use
- Withdrawing from family, friends or society
- Demonstrating rage and anger or seeking revenge
- Dramatic changes in mood
- Giving away money or prized possessions

